



OLIVE OIL & VINEGAR

# SERVING SUGGESTIONS



Grilled Baby Carrots with O Sherry Vinegar & O Blood Orange Olive Oil



Shaved Apple & Radish Salad with O Honey Apple Cider Vinegar



Sweet Vidalia Onion Slaw with O Citrus Champagne Vinegar



Harvest Salad with O Pomegranate Vinegar & O Organic Extra Virgin Olive Oil



Grilled Asparagus with O Meyer Lemon Olive Oil



Blood Orange & Jicama Salad with O Orange Blossom Champagne Vinegar

# O OLIVE OIL RECIPE IDEAS

| Olive Oils                                 | O Meyer Lemon   | O Blood Orange   | O Roasted Garlic  | O Fresh Basil  | O Jalapeño Garlic  | O Extra Virgin  |
|--|---|--|---|--|--|---|
| <b>Vegetables</b>                          | <ul style="list-style-type: none"> <li>• Steamed broccoli</li> <li>• Grilled asparagus</li> <li>• Heirloom tomatoes</li> </ul>    | <ul style="list-style-type: none"> <li>• Garlic &amp; rosemary garnet yams</li> <li>• Sautéed spinach</li> </ul> | <ul style="list-style-type: none"> <li>• Mashed potatoes</li> <li>• Stir-fry brussel sprouts</li> </ul> | <ul style="list-style-type: none"> <li>• Sliced, grilled or roasted tomatoes</li> </ul>  | <ul style="list-style-type: none"> <li>• Grilled corn</li> <li>• Roasted vegetables</li> <li>• Steamed bok choy &amp; shaved ginger</li> </ul> | <ul style="list-style-type: none"> <li>• Any</li> </ul>   |
| <b>Vinaigrettes (mix 2:1, oil:vinegar)</b> | Pair with O Champagne or O Fig Balsamic   | Pair with O Sherry, O Honey White Balsamic or O Yuzu Rice Vinegar  | Pair with O Citrus Champagne or O Fig Balsamic Vinegar  | Pair with O California Balsamic or O Sherry Vinegar  | Pair with O Cabernet, O Sherry, or O Citrus Champagne Vinegar  | Pair with any O Vinegar, cracked pepper & salt  |
| <b>Seafood</b>                             | <ul style="list-style-type: none"> <li>• Poached fish &amp; fresh herbs</li> <li>• Ahi sashimi, ginger &amp; soy sauce</li> </ul> | <ul style="list-style-type: none"> <li>• Grilled shrimp &amp; soy sauce</li> </ul>                               | <ul style="list-style-type: none"> <li>• Grilled shrimp &amp; ginger</li> </ul>                         | <ul style="list-style-type: none"> <li>• Shrimp pasta &amp; cherry tomatoes</li> </ul>   | <ul style="list-style-type: none"> <li>• Fresh crab</li> <li>• Poke</li> </ul>   | <ul style="list-style-type: none"> <li>• Grilled shrimp &amp; ginger</li> <li>• Marinated scallops</li> </ul> |
| <b>Pork</b>                                | <ul style="list-style-type: none"> <li>• Citrus pork chops &amp; garlic</li> </ul>  | <ul style="list-style-type: none"> <li>• Pork loin &amp; soy sauce</li> </ul>                                    | <ul style="list-style-type: none"> <li>• Char-grilled chops</li> </ul>                                  | <ul style="list-style-type: none"> <li>• Stuffed pork loin</li> </ul>  | <ul style="list-style-type: none"> <li>• Carnitas tacos</li> <li>• Marinade with O Cabernet Vinegar</li> </ul>                                 | <ul style="list-style-type: none"> <li>• Charcuterie</li> </ul>   |
| <b>Beef</b>                                | <ul style="list-style-type: none"> <li>• Stir fries &amp; marinades</li> <li>• Flatiron steak</li> </ul>                          | <ul style="list-style-type: none"> <li>• Marinade with O Cabernet Vinegar</li> </ul>                             | <ul style="list-style-type: none"> <li>• Marinade skirt steak with O Cabernet vinegar</li> </ul>        | <ul style="list-style-type: none"> <li>• Italian beef salad</li> <li>• Drizzle onto grilled skirt steak with sea salt</li> </ul> | <ul style="list-style-type: none"> <li>• Stri fry with ginger &amp; soy sauce</li> <li>• Garlicky steak</li> </ul>                             | <ul style="list-style-type: none"> <li>• Beef carpaccio</li> </ul>  |
| <b>Poultry</b>                             | <ul style="list-style-type: none"> <li>• Rotisserie Chicken</li> <li>• Duck breast stir fry</li> </ul>                            | <ul style="list-style-type: none"> <li>• Roasted chicken, soy sauce &amp; ginger</li> </ul>                      | <ul style="list-style-type: none"> <li>• Roasted chicken</li> </ul>                                     | <ul style="list-style-type: none"> <li>• Poached chicken &amp; spring vegetables</li> </ul>                                      | <ul style="list-style-type: none"> <li>• Chicken tortilla soup</li> <li>• Chicken stir fry</li> </ul>  | <ul style="list-style-type: none"> <li>• Chicken fricasee</li> </ul>  |
| <b>Pasta</b>                               | <ul style="list-style-type: none"> <li>• Spring vegetables &amp; pasta primavera</li> </ul>                                       | <ul style="list-style-type: none"> <li>• Squash ravioli &amp; sage</li> </ul>                                    | <ul style="list-style-type: none"> <li>• Fettucine &amp; asparagus</li> </ul>                           | <ul style="list-style-type: none"> <li>• Angel hair pasta, cherry tomatoes &amp; parmesan</li> </ul>                             | <ul style="list-style-type: none"> <li>• Drizzle over home-made Mac 'n' Cheese</li> </ul>  | <ul style="list-style-type: none"> <li>• Any</li> </ul>   |
| <b>Cheese</b>                              | <ul style="list-style-type: none"> <li>• Goat cheese &amp; figs</li> <li>• Feta &amp; mint</li> </ul>                             | <ul style="list-style-type: none"> <li>• Goat cheese &amp; O Orange Blossom Vinegar</li> </ul>                   | <ul style="list-style-type: none"> <li>• Soft cheese</li> </ul>   | <ul style="list-style-type: none"> <li>• Heirlooms &amp; blue cheese</li> <li>• Burrata, mozzarella</li> </ul>                   | <ul style="list-style-type: none"> <li>• Gouda, Manchego</li> </ul>  | <ul style="list-style-type: none"> <li>• Parmesan marinade with oregano</li> </ul>                            |
| <b>Dairy/Eggs</b>                          | <ul style="list-style-type: none"> <li>• Lemony deviled eggs</li> </ul>   |  | <ul style="list-style-type: none"> <li>• Garlicky frittata</li> </ul>                                   | <ul style="list-style-type: none"> <li>• Scrambled eggs</li> </ul>   | <ul style="list-style-type: none"> <li>• Mac &amp; cheese</li> <li>• Fried eggs</li> </ul>   | <ul style="list-style-type: none"> <li>• Any</li> </ul>   |
| <b>Grains/Legumes</b>                      | <ul style="list-style-type: none"> <li>• Tomato-farro Salad</li> </ul>  | <ul style="list-style-type: none"> <li>• Garlic, sage quinoa</li> <li>• Forbidden rice &amp; ginger</li> </ul>   | <ul style="list-style-type: none"> <li>• Spanish rice &amp; cumin</li> </ul>                            | <ul style="list-style-type: none"> <li>• Lentil &amp; tomatoes</li> </ul>  | <ul style="list-style-type: none"> <li>• Quinoa</li> <li>• Spanish rice</li> <li>• Paellas</li> </ul>  | <ul style="list-style-type: none"> <li>• Ancient grains</li> </ul>  |
| <b>Appetizers</b>                          | <ul style="list-style-type: none"> <li>• Bruschetta</li> <li>• Proscuitto &amp; goat cheese</li> </ul>                            | <ul style="list-style-type: none"> <li>• Brie &amp; crusty bread</li> </ul>                                      | <ul style="list-style-type: none"> <li>• Dip crusty bread</li> <li>• Hummus</li> </ul>                  | <ul style="list-style-type: none"> <li>• Corn bread</li> <li>• Hummus</li> <li>• Bruschetta</li> </ul>                           | <ul style="list-style-type: none"> <li>• Mexican corn bread</li> <li>• Hummus</li> <li>• Bruschetta</li> </ul>                                 |   |
| <b>Desserts</b>                            | <ul style="list-style-type: none"> <li>• Drizzle over lemon cake</li> <li>• Yogurt</li> </ul>                                     | <ul style="list-style-type: none"> <li>• Chocolate cake or brownies</li> <li>• Ice cream</li> </ul>              |   |  |  | <ul style="list-style-type: none"> <li>• Sea salt &amp; vanilla ice cream</li> </ul>                          |
| <b>Beverages</b>                           | <ul style="list-style-type: none"> <li>• Smoothies</li> </ul>   | <ul style="list-style-type: none"> <li>• Smoothies</li> </ul>  |   |  |  |   |

# O VINEGAR RECIPE IDEAS

| Vinegars                    | Salads (mix 2:1 oil/vinegar)   | Vegetables/Fruits   | Seafood/Meats  | Cheeses   | Soups  | Beverages   |
|-----------------------------|--|---|--|---|--|---|
| O Champagne                 | Pair with O Roasted Garlic or O Meyer Lemon Olive Oil & any dinner salad             | <ul style="list-style-type: none"> <li>• Steamed vegetables &amp; O Meyer Lemon Olive Oil</li> <li>• Shaved fennel</li> </ul>                             | <ul style="list-style-type: none"> <li>• Sushi, sashimi, ceviche</li> <li>• Raw oysters</li> </ul>                             | <ul style="list-style-type: none"> <li>• Mozzarella frito</li> </ul>  | <ul style="list-style-type: none"> <li>• Cold artichoke soup</li> </ul>  | <ul style="list-style-type: none"> <li>• Spark up mixed berry smoothies</li> </ul>                                |
| O Citrus Champagne          | Pair with O Jalapeño Garlic Olive Oil & fresh greens, Machego, avocado, cilantro     | <ul style="list-style-type: none"> <li>• Jicama slaw</li> <li>• Steamed vegetables &amp; O Meyer Lemon Olive Oil</li> </ul>                               | <ul style="list-style-type: none"> <li>• Sprinkle over grilled shrimp</li> <li>• Fresh fish &amp; chips</li> </ul>             | <ul style="list-style-type: none"> <li>• Shaved parmesan, O Meyer Lemon Olive Oil &amp; asparagus</li> </ul>    |  | <ul style="list-style-type: none"> <li>• Sparkling water tonic</li> </ul>   |
| O Pomegranate Champagne     | Pair with O Blood Orange Olive Oil   | <ul style="list-style-type: none"> <li>• Arugula &amp; roasted pecans</li> </ul>  | <ul style="list-style-type: none"> <li>• Sprinkle over chicken tagine</li> </ul>   | <ul style="list-style-type: none"> <li>• Manchego &amp; arugula salad</li> </ul>                                | <ul style="list-style-type: none"> <li>• Cold summer berry soups</li> </ul>  | <ul style="list-style-type: none"> <li>• Mediterranean shrubs</li> </ul>  |
| O Orange Blossom Champagne  | Pair with O Organic Extra Virgin Olive Oil & poached asparagus                       | <ul style="list-style-type: none"> <li>• Drizzle over fresh fruit</li> </ul>  | <ul style="list-style-type: none"> <li>• Grilled shrimp &amp; olives</li> <li>• Deglaze pan after roasting poultry</li> </ul>  | <ul style="list-style-type: none"> <li>• Drizzle with O Blood Orange Olive Oil over soft goat cheese</li> </ul> | <ul style="list-style-type: none"> <li>• Cold summer melon soup</li> </ul>   | <ul style="list-style-type: none"> <li>• Stir with mineral water &amp; agave for a brisk summer drink</li> </ul>  |
| O Sherry                    | Pair with O Blood Orange Olive Oil & fresh greens, pear, gorgonzola & pine nuts      | <ul style="list-style-type: none"> <li>• Wild mushroom sauté</li> <li>• Steamed vegetables &amp; O Roasted Garlic Olive Oil</li> </ul>                    | <ul style="list-style-type: none"> <li>• Deglaze pan after braising meat for beef stew</li> </ul>                              | <ul style="list-style-type: none"> <li>• Manchego</li> <li>• Brighten cheese dips</li> </ul>                    | <ul style="list-style-type: none"> <li>• Lentil or squash curry soup</li> <li>• Add to French onion soup</li> </ul>  | <ul style="list-style-type: none"> <li>• Bloody Marys</li> </ul>  |
| O Honey Apple Cider         | Pair with O Roasted Garlic Olive Oil   | <ul style="list-style-type: none"> <li>• Drizzle over fresh fruit before serving</li> </ul>   | <ul style="list-style-type: none"> <li>• Brush over pork chops</li> </ul>  | <ul style="list-style-type: none"> <li>• Drizzle over blue cheese</li> </ul>                                    | <ul style="list-style-type: none"> <li>• Cold summer berry or melon soups</li> </ul>                                 | <ul style="list-style-type: none"> <li>• Stir with mineral water &amp; agave</li> </ul>                           |
| O Cabernet                  | Pair with O Fresh Basil Olive Oil & fresh sliced tomatoes                            | <ul style="list-style-type: none"> <li>• Sliced avocado with crumbled oregano</li> <li>• Haricots verts &amp; O Organic Extra Virgin Olive Oil</li> </ul> | <ul style="list-style-type: none"> <li>• Deglaze pan after braising meat for beef stew</li> </ul>                              | <ul style="list-style-type: none"> <li>• Drizzle over cheesy eggs Mornay</li> </ul>                             | <ul style="list-style-type: none"> <li>• Punch up beef barley soup</li> <li>• Hearty tomato, basil soup</li> </ul>   |   |
| O California Balsamic       | Pair with O Organic Extra Virgin Olive Oil for traditional dressing                  | <ul style="list-style-type: none"> <li>• Drizzle over fresh berries &amp; a dollop of Greek yogurt</li> </ul>   | <ul style="list-style-type: none"> <li>• Grilled steak, onions &amp; soy sauce</li> <li>• Glazed duck with currants</li> </ul> | <ul style="list-style-type: none"> <li>• Burrata &amp; mozzarella</li> </ul>                                    | <ul style="list-style-type: none"> <li>• Summer berry soup</li> <li>• Fall fruit soups</li> </ul>                    |   |
| O California White Balsamic | Pair with O Fresh Basil or O Roasted Garlic Olive Oil & Caprese salad or Greek salad | <ul style="list-style-type: none"> <li>• Drizzle over fresh fruit</li> </ul>  | <ul style="list-style-type: none"> <li>• Glaze grilled Ahi steaks</li> <li>• Seafood salads</li> </ul>                         |   | <ul style="list-style-type: none"> <li>• White bean &amp; herb soup</li> <li>• Drizzle over mushroom soup</li> </ul> | <ul style="list-style-type: none"> <li>• Stir with mineral water &amp; agave</li> </ul>                           |
| O Fig Balsamic              | Pair with O Meyer Lemon Olive Oil with arugula, tomatoes & goat cheese               | <ul style="list-style-type: none"> <li>• Drizzle over fresh berries or baked apples with crème fraîche</li> </ul>   | <ul style="list-style-type: none"> <li>• Brush over pork loin</li> <li>• Sprinkle over prosciutto &amp; ricotta</li> </ul>     | <ul style="list-style-type: none"> <li>• Sprinkle over prosciutto &amp; ricotta</li> </ul>                      | <ul style="list-style-type: none"> <li>• Fall fruit soups</li> </ul>   | <ul style="list-style-type: none"> <li>• Martinis</li> </ul>  |
| O Honey White Balsamic      | Pair with O Meyer Lemon Olive Oil  | <ul style="list-style-type: none"> <li>• Drizzle over fresh fruit before serving</li> </ul>   | <ul style="list-style-type: none"> <li>• Drizzle over grilled pork loin</li> </ul>   | <ul style="list-style-type: none"> <li>• Parmesan, arugula &amp; shaved baby artichokes</li> </ul>              |  | <ul style="list-style-type: none"> <li>• Stir with mineral water &amp; agave</li> <li>• Kale smoothies</li> </ul> |
| O Yuzu Rice                 | Pair with O Blood Orange Olive Oil   | <ul style="list-style-type: none"> <li>• Fresh papaya</li> <li>• Sliced avocado</li> </ul>  | <ul style="list-style-type: none"> <li>• Sushi, sashimi</li> <li>• Brighten seafood paellas</li> </ul>                         |   | <ul style="list-style-type: none"> <li>• Asian soups</li> </ul>  | <ul style="list-style-type: none"> <li>• Stir with mineral water &amp; agave</li> </ul>                           |